

Aging

UNIVERSITY
OF MICHIGAN

JUL 20 1959

~~MAIN~~
~~READING ROOM~~

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 57—July 1959

National Advisory Committee Meets and Recommends Theme and Date, Subjects and Delegate Selection for White House Conference on Aging

With the announcement of appointment of an Advisory Committee by Secretary of Health, Education, and Welfare Arthur S. Flemming on June 2, plans and preparations for the White House Conference on Aging began to develop at an accelerating speed.

All readers of *Aging* were added to a special mailing list to receive copies of D/HEW press release "K-32" which includes a full listing (with biographical information) of the 127 members of the new national advisory committee. Extra copies of the press release and listing were scheduled for mail distribution in mid-June. (Additional single copies are available upon request from *Aging*.)

On June 9 and 10 in Washington 102 members of the Advisory Committee met to consider the principal approaches toward effective Conference planning. Chairman Robert W. Kean appointed six working subcommittees which immediately went into session to make recommendations.

"I am confident that this Advisory Committee will be a working group which will meet the challenge that has been set for it, realizing that this Conference will be directed to one of the most vital areas of American life—the needs and problems of our older population," Mr. Kean said.

Each of the subcommittees, after a series of individual meetings, reported its recommendations on June 10:

1. The subcommittee on *Attendance and Selection of Delegates*, headed by The Hon. Michael A. Stepovich, former Territorial Governor of Alaska, unanimously agreed that total attendance at the White House Conference should be 3,000, out of which 200 would be representatives of the press and other media, as well as other observers and auditors. Remainder of the 2,800 would be voting delegates allocated on the following basis:

Delegates from the States	1,740
Representatives from National Organizations	660
Advisory and Planning Committee, Representatives of Federal departments and agencies, and other specialists	400

The subcommittee recommended that each State or Territory be allocated delegates on the basis of the number of its Congressional delegation, multiplied by a sliding factor (for a total of 1,740), with a minimum representation equal to the number of subject matter areas to be discussed at the Conference. In no case would the minimum be less than 10; nor would a maximum representation of more than 100 be permitted from any State.

Among suggested criteria for selection of delegates, it was recommended that persons with a professional identification in the field of aging should not exceed one out of every three delegates appointed by Governors of the States.

(In all subcommittee listings shown below, names in parentheses indicate people who were not at the Washington meetings June 9-10.)

Members of the subcommittee on *Attendance and Selection of Delegates*, in addition to Chairman Stepovich, are:

Mr. Charles E. Bloedorn, Denver, Colo.
Mr. Theodore D. Cornman, Albuquerque, N. M.
Mr. A. T. Everett, Short Hills, N. J.
Dr. Donald E. Flieder, Brentwood, Mo.
(Dr. Lillian M. Gilbreth, Montclair, N. J.)
Mr. Warren P. Griffiths, Philadelphia, Pa.
(Mr. Richard G. Hughes, Pampa, Tex.)
Mrs. Marjorie M. Jones, Seattle, Wash.
Mrs. Gladys Ellsworth Knowles, Billings, Mont.
Mr. Victor Morel, Staten Island, N. Y.
Mr. Edwin Niehaus, Wheat Ridge, Colo.
(Mr. James F. Oates, Jr., New York, N. Y.)
Mrs. Georgia S. Patterson, Hillsboro, Oreg.
Mrs. Thelma Rogers, Charlotte, N. C.
Mr. Morris Sider, Chicago, Ill.
Miss Margaret Taylor, Berkeley, Calif.
Dr. Marion Fay Yatman, Providence, R. I.

2. The subcommittee on *Organization of Subject Matter, Procedure and Theme*, under the presid-

ing officer, The Hon. John B. Martin, Jr., Chairman of the Michigan Legislative Advisory Council on Problems of Aging, met to advise on "subject matter sections for the Conference, Conference procedure, preparation of Conference materials, Conference theme."

The Conference theme, approved by the last general session of the entire national advisory committee, was recommended as AGING WITH A FUTURE—EVERY CITIZEN'S CONCERN. All of the many suggestions submitted by readers of *Aging* were presented to and considered by this subcommittee.

A suggested organization of subject matter was considered, with the following major categories:

Population Trends and Social and Economic Implications, Income Maintenance, Impact of Inflation on Retired Citizens, Employment Security and Retirement, Health and Medical Care, Institutional Care, Rehabilitation, Social Services, Housing for Middle-Aged and Older People, Education for Maturity, Professional Personnel, Family Life and Family Relationships and Friends, Free Time Activities, Religion, Biological and Medical Research in Gerontology, Social Science and Psychological Research in Gerontology, Local Community Organization, State Organization, National Voluntary Agencies and Service Organizations.

For each of the subject matter areas a special planning committee is to be set up to develop an extensive background paper ready for community and State use during the coming year. Membership of this subcommittee includes:

Miss Grace Bamonte, New York, N. Y.
Dr. Rosamonde R. Boyd, Spartanburg, S. C.
(Mrs. Margaret C. Brock, Los Angeles, Calif.)
Dr. Ewald W. Busse, Durham, N. C.
(Mr. Brevard Cribfield, Chesterton, Ind.)
Dr. George R. Davis, Lafayette, Ind.
(Hon. Thomas C. Desmond, Newburgh, N. Y.)
Dr. Wilma Donahue, Ann Arbor, Mich.
Mr. Charles F. Feike, Portland, Oreg.
Mr. Orville F. Grahame, Worcester, Mass.
Hon. Harry G. Haskell, Jr., Wilmington, Del.
Mrs. Margaret A. Ireland, Cleveland, Ohio
Dr. Hardin B. Jones, Lafayette, Calif.
(Hon. Arthur Larson, Durham, N. C.)
Mr. Robert H. MacRae, Chicago, Ill.
Dr. Karl P. Meister, Elyria, Ohio
Mr. Garson Meyer, Rochester, N. Y.
(Mr. Karl T. Mitnick, Collingswood, N. J.)
Mr. Walter C. Nelson, Minneapolis, Minn.
(Mr. Hershel Newsom, Washington, D. C.)
Mr. H. Bruce Palmer, Madison, N. J.
Dr. Joseph Prendergast, New York, N. Y.
(Dr. Howard A. Rusk, Scarsdale, N. Y.)
Mr. Dwight S. Sargent, Dobbs Ferry, N. Y.
Mr. Charles I. Schottland, Waltham, Mass.
Mr. Charles B. Shattuck, Los Angeles, Calif.
Dr. Cecil G. Sheps, Newton Center, Mass.
Dr. Frederick C. Swartz, East Lansing, Mich.
Dr. Thomas J. Woofter, Jr., Montgomery, Ala.

3. The subcommittee on *State and Local Action* made the formal recommendation, approved by the entire Advisory Committee, that in each State

"an official body concerned with the aging and the aged be established where none now exists; that said body should be composed of individuals broadly representative of all interests in the field, both public and voluntary, and should be appointed by the Governor or through legislative action; that this body shall be recognized as the official entity for preparing for and carrying out the work of the State in relation to the White House Conference on Aging, as well as the implementation of the recommendations of said Conference."

The subcommittee made the general recommendation that "States and local communities be encouraged to use all available resources to develop facts in the various subject matter areas of the White House Conference on Aging, to hold conferences at all levels, to identify unresolved problems, and to develop recommendations for further study and action."

It made the further recommendation that a national committee be set up immediately with representatives of the official agencies designated by the Governors of the States with responsibility for White House Conference on Aging activities in order to provide a mechanism for continuing cooperative efforts of the States, not only before the Conference, but also afterwards so that the Conference recommendations may be followed up.

The subcommittee also strongly emphasized Secretary Flemming's recommendation that "no moratorium be declared on State or local planning, fact-finding, and the development of recommendations and their implementation, based on the hope that the White House Conference on Aging will produce an overall blueprint for State and local activities in the field, but rather that such programs be carried out and action taken as it is indicated."

Chairman of the subcommittee on *State and Local Action* is Mrs. Grace J. Schell of Tucson, Arizona. Other members are:

Dr. Guillermo Arbone, Santurce, P. R.
Mrs. Sarah Atwood, Washington, D. C.
Mr. John H. Barclay, Livermore Falls, Maine
Mr. Ernest J. Bohn, Cleveland, Ohio
Mrs. Theresa S. Brungardt, Montpelier, Vt.
(Dr. William D. Bryant, Kansas City, Mo.)
Mrs. Sylvia Bushnell, Brookline, Mass.
Dr. Harry F. Corbin, Wichita, Kans.
Mrs. Barbara Coughlan, Reno, Nev.
(Dr. Hayden H. Donahue, Oklahoma City, Okla.)
Mr. J. Floyd Harrison, Wayne, W. Va.
Dr. Walter U. Kennedy, Newcastle, Ind.
Mr. Louis Kuplan, Sacramento, Calif.
Mr. Travis McCharen, Jackson, Miss.
Dr. Woodrow W. Morris, Iowa City, Iowa
Mrs. Mary C. Mulvey, Providence, R. I.
Mr. Louis Regenstein, Jr., Atlanta, Ga.
Mr. William P. Sailer, Philadelphia, Pa.
Mrs. Louise Schwarz, New York, N. Y.
(Miss Louise Shaddock, Coeur d'Alene, Idaho)
Dr. Norman R. Sloan, Honolulu, T. H.
Mrs. Belle S. Spafford, Salt Lake City, Utah

4. The subcommittee on *Program Organization*

and Arrangements fixed the date for the Conference (without acceptable alternatives) for January 9-12, 1961, and decided to reserve space for the general sessions at Constitution Hall in Washington.

About 140 discussion groups of 20 members each were recommended. No banquet is to be held.

Members of the *Program Organization and Arrangements* subcommittee, under the Chairman, The Hon. Robert Blue, Eagle Grove, Iowa, include:

Dr. John E. Anderson, Minneapolis, Minn.
Mrs. Hazel K. Barger, Roanoke, Va.
Dr. Edward L. Bortz, Cynwyd, Pa.
Mr. Roy W. Bornn, St. Thomas, V. I.
Mr. Ralph E. Conwell, Laramie, Wyo.
Mr. Nelson H. Cruikshank, Silver Spring, Md.
Mrs. Janie P. Earles, Kingsport, Tenn.
Dr. Oliver K. Garretson, Tucson, Ariz.
Mr. Charles J. Graham, Corapolis, Pa.
Mr. William Boyd Jones, Anniston, Ala.
Dr. William B. Kountz, St. Louis, Mo.
Mr. Eugene Lipitz, Baltimore, Md.
Mr. Harry N. Pollock, Fort Smith, Ark.
Mr. Holland L. Robb, Chapel Hill, N. C.
Mrs. Ella P. Stewart, Toledo, Ohio
(Mr. Richard F. Taitano, Agana, Guam)
Mr. Edward A. Turville, St. Petersburg, Fla.
Mrs. Lucille B. Wilkins, Chicago, Ill.

5. The subcommittee on *National Organizations*, with Mrs. Viola Hymes, Minneapolis, Minn., as presiding officer, made recommendations that a permanent roster of national voluntary organizations interested in the field of aging be set up, that policies and procedures be established for effective participation of national organizations, that these organizations be kept informed about developments related to the White House Conference, and that specified criteria be established for determining which of the organizations should have representation at the Conference. Members of this subcommittee include:

Mr. Joseph P. Anderson, Scarsdale, N. Y.
Dr. Ethel Percy Andrus, Ojai, Calif.
Mrs. Florence L. Baltz, Washington, Ill.
(Dr. Edwin L. Crosby, Winnetka, Ill.)
Miss Grace B. Daniels, Kingston, Pa.
Miss Loula Dunn, Chicago, Ill.
Mrs. Marion S. Eberly, New York, N. Y.
Msgr. Raymond T. Gallagher, Cleveland, Ohio
(Miss Chloe Gifford, Washington, D. C.)
(Gen. Alfred M. Gruenther, Washington, D. C.)
(Dr. Harold Hillenbrand, Chicago, Ill.)
Mr. Fred R. Knautz, Fargo, N. Dak.
Dr. Leonard W. Larson, Bismarck, N. Dak.
Mrs. Geneva Mathiasen, Monroe, N. Y.
Dr. Berwyn F. Mattison, Tarrytown, N. Y.
Mr. Charles E. Odell, Ann Arbor, Mich.
Mr. William A. Regan, Providence, R. I.
Mrs. Grace T. Stevenson, Chicago, Ill.
Rabbi Marc H. Tanenbaum, Elmhurst, N. Y.
Rev. William J. Villaume, Staten Island, N. Y.
Mr. Ralph E. Wick, Rapid City, S. Dak.

6. The subcommittee on *Public Information and Education* made general recommendations about the need for publicity and a broad-gauged approach to the widest possible media coverage for

(1) pre-Conference activities and plans of communities and States as well as nationwide, (2) the Conference itself, and (3) the post-Conference period. Chairman of this group is Mr. Joseph C. Buckley, Bridgeport, Conn., and members include:

Mrs. Edna Basten Donald, Grand Island, Nebr.
(Judge Robert W. Hansen, Milwaukee, Wis.)
Mrs. Maggie Belle Hodges, Shreveport, La.
(Mrs. Anna C. Lomas, Red Oak, Iowa)
(Mr. Benjamin M. McKelway, Washington, D. C.)
Dr. Will E. Neal, Huntington, W. Va.
(Mr. John T. O'Rourke, Washington, D. C.)
Miss Mary Pickford, Beverly Hills, Calif.
Mrs. Minette B. Roberts, Chicago, Ill.
Mr. Karl Schlotterbeck, Washington, D. C.
(Mr. Louis B. Seltzer, Cleveland, Ohio)
(Mr. V. J. Skutt, Omaha, Nebr.)
(Mr. Lyle C. Wilson, Washington, D. C.)

Hamilton, Ohio—A Success Story

Hamilton, Ohio, started a day Center for Senior Citizens on December 5, 1954, open just five afternoons a week. Within a year this Center was open five full days and two half days, and membership had grown to well over 300. At first it was located in five rooms on the first floor of a house near the center of town. But growth in membership and activity participation was so fast that by summer of the second year larger quarters had to be found.

The Board of Trustees (a rotating board of 15 active and interested private citizens) began a concentrated search for a permanent home for the Center near the heart of town, near the bus lines, large enough for expansion of membership and activities, all on one floor, and "attractive."

An abandoned school which fitted the requirements was just then being put up for public auction. With money from a generous local merchant the building, later named for him, was purchased. An industrial concern pledged \$10,000 toward renovating and furnishing it, and more than 1000 private citizens, industries, stores, church groups, clubs, civic organizations, and even members of the Center itself donated money and equipment. The entire project was completed in four months, with members of the Center and of the Board of Trustees contributing actual labor.

During its first two years, Senior Citizens, Inc., was financed by private and foundation donations. The third year it became an agency of the United Appeals. Income from United Appeals is still supplemented by donations, membership dues of \$2 annually, and money raised by interested organizations.

Some 100 volunteers give time for teaching craft and education groups, leading study and choral groups, acting as hostesses, driving cars for trips, etc.

By the beginning of the fourth year membership stood at 800, still growing. The new building made it possible to increase the number and variety of activities, planned to cover all phases of interest:

EDUCATION: *Classes in sewing, ceramics, painting, handicrafts, handwork, bridge, canasta, and dancing. Groups in chorus, orchestra, quilting, woodworking, "Cracker Barrel" (discussion), "Gleaners" (book review), talent.*

Programs on health, dental care, diet, medical care, safety, beauty care, and proper clothing.

SERVICE: Stuffing envelopes for Easter Seal or March of Dimes drives, filling baskets for Salvation Army, visiting the sick and afflicted, holding bake sales and raffles to furnish equipment for the Center, etc.

RECREATION: Games, parties, picnics, programs presented by outside talent, and many other interesting activities.

Membership reaches every area of the city and its surroundings in all walks of life.

Three local industries and one union pay dues to the Center for their retired employees. All local service clubs participate with programs, money and interests. YWCA and Girl Scout camps schedule a day for members at each camp every season. Local and nearby celebrities are generous with their time and talent. Visits to other Senior Citizens Centers are encouraged.

A complete history of the Center—expansion, program and activities—has been kept on colored slides by the Director, Mrs. Muriel M. Allen, Senior Citizens Center in Murstein House, 140 Ross Ave., Hamilton, Ohio. Both the local newspaper (with continuous coverage of all Center activities), and the radio station (which contributes a spot announcement on Center activities as well as 15 minutes weekly for a radio program from the Center), have helped greatly in the growth of community interest. Cooperation with all local welfare agencies solves some of the problems of Center members, and helps to keep them informed about available services.

NEWS ITEMS

Wichita's *United Golden Age Board*, with headquarters at the Golden Age Center, 121 W. Central, Wichita 2, Kan., has been encouraging community action at the political level, in addition to developing new activities, and securing newspaper articles and other coverage. Letters have been sent to candidates for election to call their attention to the needs for plans, programs, and activities; each letter includes a summary of a detailed study on aging by a Wichita University research consultant.

★

A hot house for cultivating flowers will be one of the features of a new \$200,000 Recreation Center building being erected by the Philadelphia Joint Board of the Amalgamated Clothing Workers of America, and by the Philadelphia Clothing Manufacturers Association. Construction on the one-story air-conditioned building was scheduled to begin last month.

All retired members of the Male Apparel Industry and their spouses are eligible to participate, without fee, in the five day activity program which includes specialized classes, lectures, movies, and trips.

At present membership in the Recreation Center is approximately 750, with a daily attendance of 60. For further details write Leonora Solomon, Director, Sidney Hillman Recreation Center, 2116 Chestnut St., Philadelphia 3.

★

Miss Ollie A. Randall, formerly with the Community Service Society in New York, was one of two recipients of awards for outstanding service to social welfare at the National Conference on Social Welfare in San Francisco in late May. Miss Randall was honored for her pioneer work in the field of aging.

★

Milwaukee's Department of Municipal Recreation announced availability of \$1 season concert tickets to all Golden Agers for the "1959 Music Under the Stars" series. These season tickets provide reserved seats at concerts held at the Washington Park band shell during the summer.

The offer was made possible by the Milwaukee County Park Commission in cooperation with the Department of Municipal Recreation which sponsors a network of 37 Golden Age Clubs in Milwaukee.

★

Two lady district office managers, Mercia L. Kahn from San Francisco, and Anna H. Ruman from Ann Arbor, Michigan, were honored recently with special Director's Citations at the 8th Annual Honor Awards Ceremony of the Federal Bureau of Old-Age and Survivors Insurance in Baltimore.

Aging

No. 57

July 1959

Published to share and exchange information about programs, activities, and publications among interested individuals, agencies, and organizations, under approval of the Bureau of the Budget dated August 22, 1957.

Subscriptions (\$1.00 for 12 issues, 50¢ additional for foreign mailing, or 10¢ for single copies) should be addressed to Superintendent of Documents, U. S. Government Printing Office, Washington 25, D. C.

All other communications may be sent directly to *Editor of Aging*, U. S. Department of Health, Education, and Welfare, Washington 25, D. C.

Their unusual awards were based in part on "outstanding contributions to better understanding in the field of Geriatrics" and "outstanding activity in the field of aging."

★

First Lady Mamie Eisenhower gave for the first time a White House garden party for senior citizens from over 20 institutions and homes for the aged in the Washington, D. C. area. She smiled through 60 minutes of hand-shaking in 90-degree weather in late spring to bring good cheer to some 600 of the nearly 700 invitees who were transported to the White House garden party in Red Cross, transit and military buses and vehicles.

Despite canes, wheelchairs and crutches, the old folks were all smiles at this gala mid-afternoon social event. Some brought presents. One arthritic victim on a wheelbed used a mirror to see the First Lady's face.

Among many guests of particular note were Rebecca Clark, the mother of General Mark Clark, and 92-year old Charles Gleason, who was a White House policeman from the McKinley Administration until the time of President Hoover. He wore his gold policeman's badge.

Guests included residents of religious, public and private welfare homes. Refreshments of grape punch, iced tea or coffee, and an assortment of party cakes and sandwiches were served from red and white candy-striped canopied tables.

★

Portable dental equipment which may enable dentists to give home or bedside treatment to persons who are too disabled to visit a dentist's office is being tested by the U. S. Public Health Service.

The portable equipment consists of two 45-pound cases of instruments which can be operated from an ordinary household electrical outlet.

Two models are now being tested; one in Kansas City, Missouri, where the Public Health Service has a dental research project housed in the University of Kansas City Dental School; and the other in New York City, where both the City Health Department and the Brooklyn Jewish Chronic Disease Hospital are cooperating in the study.

There are an estimated 5.5 million persons in this country who are too disabled to visit a dentist, the Service noted, and many of them need dental care. At present, because dental equipment is not movable, they receive only emergency treatment.

If the test models are approved, commercial production can be expected. In addition to dentists in private practice, the equipment would probably be useful to health departments, hospitals, nursing homes, homes for the aged and various other health organizations.

Pictures of the models are available, and arrangements can be made to take pictures of the model in action, if desired.

PUBLICATIONS

A free catalog of "Publications on Medical Service" is available from the Council on Medical Service, American Medical Association, 535 North Dearborn Street, Chicago 10. This catalog (with an order blank for requesting free single copies of listed items) has a special section on "Aging."

★

A new (May 1959) catalog of "Health Education Materials" is available from the National Dairy Council, 111 N. Canal Street, Chicago 6. An extensive listing of folders, booklets, posters, charts, films and displays of special interest to people concerned with nutrition, this catalog gives full information on prices, content, appearance, etc., with facsimile reproductions of the listed items. Location of Dairy Council Offices throughout the country is also included.

A description of the program, activities, and impact of a "nutrition club" in the Hodson Senior Center in New York City is featured in the April issue of *Nutrition News*, also available free from the National Dairy Council.

★

The March-April issue of the *Bulletin of the Kentucky State Department of Health* on "Home Care—A New Look in Public Health" presents an illustrated report on the State's first year of experience with its chronic disease medical home care program. Requests for single copies, accompanied by a self-addressed, stamped envelope at least 6" by 9" in size, should be sent to Commissioner Russell E. Teague, Department of Health, 620 S. 3rd St., Louisville 2.

★

The May issue of *Geriatrics* (Vol. 14, No. 5), featuring a handsome new cover design and a very attractive new format, includes several articles of special interest to nonmedical specialists:

- "Basic Principles in the Surgical Management of the Aged"
- "Accidents Among Older Persons"
- "Self-Help in the Management of the Aged"
- "Sociological Implications of Retirement"
- "General Physiology of Aging"
- "Job Placement and Adjustment for Older Workers"
- "Apartments for Old People"

★

The April 1959 issue of the *Social Security Bulletin* features seven pages of highlights from preliminary data from the 1957 survey, "Medical Care Costs of Aged OASI Beneficiaries."

In the June issue there is a new analysis by Lenore A. Epstein, "Money Income of Aged Persons: A 10-year Review, 1948 to 1958."

★

The May 1959 issue (Vol. VIII, No. 5) of *Progress in Health Services*, published by the

Health Information Foundation, 420 Lexington Ave., New York 17, features an article on "Voluntary Health Insurance: 1953 and 1958."

★

Recreation (50¢ per issue), a very handsomely printed magazine with many excellent photographs, is published by the National Recreation Association, 8 W. 8th Street, New York 11. Subscriptions for ten issues (none published in July and August) cost \$4.00, or \$4.50 for Canadian and foreign readers. This "Magazine of the Recreation Movement" contains interesting and well-illustrated articles in the field of aging from time to time. Recent articles include "New Directions for Oldsters" in the February 1959 issue, and four articles with a lead editorial "Oldsters . . . on a Two-Way Street" in the May issue.

★

The entire Winter 1959 issue of *Mental Health in Virginia* is devoted to the theme "The Senior Citizen" with many interesting articles and pictures (including an editorial by Governor Almond) on Virginia activities in aging. Attractively printed on glossy paper (72 pp. with full-color cover), this quarterly journal is available at 50¢ per issue from the Board of the Department of Mental Hygiene and Hospitals of the Commonwealth of Virginia, 9 N. 12th Street, Richmond 19.

Virginia's Department of Welfare & Institutions, 429 S. Belvidere St., Richmond 20, has released a 16-page "Directory of Homes for the Aged, Nursing Homes and Mental Hygiene Facilities", (free), which has a statewide listing of institutions. It was compiled in cooperation with the Departments of Health and of Mental Hygiene and Hospitals.

★

Geriatrics Enterprises, a nonprofit organization, 44 West St., Worcester 9, Mass., has begun publication of a bimonthly, *The New England ADage*. Subscriptions are \$2 a year (\$1.50 for additional gift subscriptions). The first issue, April-May, carries a report on the activities of the local Committee on the Aging, with articles on "Nutrition and Aging", "Aging Concerns All", as well as a crossword puzzle.

★

On Growing Old (Vivre Longtemps), periodical bulletin of the Committee on Aging, Canadian Welfare Council, 55 Parkdale Ave., Ottawa 3, Canada, is available at an annual subscription rate of \$1.00. (Quantity discounts of 10% for 12 to 24 subscriptions, 20% for 25 or more). Published in both French and English, this bulletin, formerly distributed free of charge, has grown in circulation so that duplicating and mailing costs must be defrayed. It covers activities all over Canada. The Council plans to devote increased attention to the field of aging and, as

studies and research are carried out, they will be reported in "On Growing Old."

★

The Bartholomew County Retirement Study Foundation, 520 Sixth Street, Columbus, Ind., (see *Aging* No. 40, February 1958) has indicated that its monthly *News* will be sent to interested people upon request. No issues are sent out during July and August.

★

The new 16-page leaflet, "Enriching the Added Years", was published last month by the U.S. Department of Health, Education, and Welfare. Under six major headings (Economic Security, Preservation of Health, Maintaining Personal Contacts, Useful Activity, Good Living Arrangements, Meaningful Use of Free Time), this leaflet presents an approach toward meeting the challenge of "retired" years. It is intended primarily for use with the table-top display of the same name. Copies of the leaflet (and the display) are available from D/HEW Regional Offices in Boston, New York, Charlottesville, Atlanta, Chicago, Kansas City, Dallas, Denver, and San Francisco; or, from the Special Staff on Aging in Washington.

★

"Gerontology Information 1958-59," published by the Gerontology Office, Adult Education Dept., Los Angeles City Schools, 450 N. Grand Ave., Los Angeles 12, Calif., free, is an interesting and useful reflection of extensive adult education programs for and about aging in Los Angeles. Facsimiles of announcements, class and lecture outlines, etc., are included, with a summary and description of the total program.

★

"How to Enjoy Living After Sixty" by Pierre Boucheron (224 pp), published May 15, 1959, by Archer House, Inc., New York, N. Y. (\$3.95) is a "guide to understanding and enjoying the later years."

Chapters include "How's Your Health?", "Nutrition After Sixty", "The Importance of Appearance", "Conditioning Your Mind", "Preparing for Retirement", "Hobbies for Fun", "Hobbies For Money", "Employment", "Adult Education", "How to Make and Keep Friends", "The Senior Citizens Movement", "The Solace of Religion", "Romance After Sixty", "Best Retirement Spots", and 12 individual case studies called "Happy Landings." A bibliography listing books (mostly by medical experts) is included.

An introduction by Dr. N. L. Salon, President of the Senior Citizens of Fort Wayne Area, Inc., states that "The author, a senior citizen himself, has described some of the paths an older person may follow in order to obtain a degree of satisfaction and happiness." The social security information given in the book does not include 1958 changes in the social security law.

New York State's recent booklet on sickness, "No. 1 Cause of Dependency," (reprinted from the Department's 92nd annual report) is available free upon request to: Publications Clerk, State Department of Social Welfare, 112 State Street, Albany 7, N. Y.

★
The National Association for Mental Health, Inc., 10 Columbus Circle, New York 19, offers free individual sample sets of six leaflets in a series, "Notes for After Fifty," (if requested on organization letterhead). The sets may be purchased in quantity at \$35.00 for 100 (larger quantity rates available). Individual titles (not sold separately) in the series include:

- "Planning for Your Later Years"
- "Improving and Keeping Your Health"
- "Slowing Down and Enjoying Life"
- "Making the Most of Your Abilities"
- "Preparing to Live on Less"
- "You, Your Home, Your Family and Friends"

★
An excellent illustrated descriptive brochure on the "Horizon Home" (Florida Retirement Village), which is a "functional home for easier living designed for the physically disabled, the cardiac, and the elderly" by Howard A. Rusk, M. D., is available free from Mr. James Rosati, Skyview Homes, U. S. 19 and 49th St., Pinellas Park, Fla. There is no quantity restriction on requests. It includes many special housing features for the elderly with specifications for most of the built-in furnishings. This brochure was written by Edith Buchwald Lawton, Faith Elvin, Julia Judson, and Muriel Zimmerman.

★
A 13-page mimeographed paper, "Apartments for the Aging," is available free from Wm. T. Swain, Jr., Dillsburg, Pa. As Executive Secretary of Presbyterian Homes of Central Pennsylvania, Mr. Swain has prepared this paper as part of a course on organization and administration of a home for the aging. It is particularly valuable for those planning to acquire or build special housing units.

★
A revised edition of the useful 1955 guide, "Sheltered Care for Older Persons: Standards and Suggestions", is available from the Board of Hospitals and Homes of the Methodist Church, 740 Rush St., Chicago 11. (Price \$1). For church groups and others who plan or operate homes for the aged, this 70-page guide reflects the Methodist Church's long experience, as well as the recognition of elderly residents as whole and independent individuals.

★
Proceedings of the Fourth International Congress of Gerontology (in English and Italian) are now available from the International Association of Gerontology, Viale Morgagni, 85, Firenze, Italy. There are four volumes:

- I. Opening Plenary Session and Biological Section
- II. Clinical Section
- III. Social Science Section
- IV. Venice Symposium

The books are priced at 3.000 Lire each (approx. \$4.80); the entire set is 10.000 Lire (approx. \$16.00). American banks which have accounts with Italian banks can issue a bank draft in Lire.

★
"The Nature of the Helping Process," as examined by a psychoanalyst, an educator, a caseworker, and a group worker, is the 1959 publication of the Group Work Section, Chicago Area Chapter, National Association of Social Workers, 123 W. Madison Street, Chicago 2. Copies are available at \$1.50. Originally presented in the form of a symposium held at a November 1958 Institute, presentations include those of Dr. George H. Pollock, Robert E. Ohm, and Professors Helen H. Perlman and William Schwartz.

★
Connecticut's Commission on Services for Elderly Persons together with the State University's Institute of Gerontology has published selected papers from the Spring 1958 Governor's Conference on Aging. Copies of this pamphlet, "Charting a Positive Policy for Aging", are available free from Donald P. Kent, Director of the Institute of Gerontology, University of Connecticut, Storrs, Conn.

★
"The Congregation and the Older Adult", second in a series of three publications (the first was "A Guide for Lutheran Homes Serving the Aging"), has been published by the Division of Welfare of the National Lutheran Council, 50 Madison Ave., New York 10. This is a discussion of the role of the church in activities in aging, and a manual to help church groups select and develop programs and projects. 19 pages; 10¢.

★
A Report on "Economic Needs and Resources of Older People in Ontario" prepared by the Committee on Public Welfare Policy is available from the Ontario Welfare Council, 96 Bloor Street West, Toronto, Canada, at \$1.00 per copy. An appendix includes a monthly budget for individual older people in Ontario, 1958.

★
For 10¢ (in stamps) Associate Director A. D. Ragan of the Community Chest & Council, 832 Main Street, Peoria, Ill., will send to readers of *Aging* the "Report of the Senior Citizens' Council" with recommendations of individual committees on educational interpretation, employment, health, housing, nursing and domiciliary homes, recreation-education, and retirement planning.

★
The Council of Jewish Federations and Welfare Funds, 729 Seventh Ave., New York 19, has issued "Guidelines for Institutional Services for

the Aged in the Small Jewish Community", a basic discussion of current practices and methods for communities too small to support adequate services and institutional care for the aged. This 22-page publication (available for 35¢) explains how such communities can pool their knowledge and resources to provide services and care on a regional basis. Included are examples from current experience, and an appendix with bibliography and a directory of homes providing regional services.

★
New Hampshire's new "Guide to Services for Older People" (with convenient listings of organizations, programs, etc., under ten major categories) is available to professionals in the field of aging upon request to: Miss A. Jean McLeod, N. H. State Dept. of Health, 61 S. Spring St., Concord, N. H.

★
A detailed descriptive directory of public and private agency services and facilities available to older persons in the St. Louis area has been printed by the Health and Welfare Council of Metropolitan St. Louis, 417 N. 10th St., St. Louis 1, Mo.: "Guide to Services for the Aging." (April 1959). 32 pages; 25¢, or 15¢ for 100 or more.

★
The Information Bureau of the Community Council of Greater New York, 345 E. 45th St., New York 17, has published the Fourth Edition of its "Directory of Recreation Facilities for Older People", available at \$1.25. This volume, dated April 1959, with excellent cross-indexes, lists 146 centers and clubs in all five NYC boroughs as a guide to individuals and agencies. For each center or club, full information includes address, telephone, person in charge, group served,

fees, times of meeting, how much stair-climbing to get in, description of program, and special services.

★
A limited number of free copies of San Francisco Senior Center's *Annual Report, 1958-1959* are available from Executive Director Florence E. Vickery at the Center, Aquatic Park, Foot of Polk St., San Francisco 9: Objectives, program, and operations of a fine center (which trains staff and helps develop other centers) with exceptionally wide community support.

★
"Growing Older", a booklist from Baltimore's Public Library, describes nearly 20 titles under the headings of "Preparing for the Future" and "Retirement." The list is available (send 5¢ in coin or stamps) from: Publications, Enoch Pratt Free Library, 400 Cathedral St., Baltimore 1, Md. Quantity prices are 75¢ for 25 copies, \$1.50 for 50, \$2.50 for 100, and \$10.00 for 500.

★
An 11-page annotated bibliography on "The Aging and the Aged" is available at 25¢ per copy (stamps or coin) from the American Labor Education Service, Inc., 1776 Broadway, New York 19. Although designed primarily for use in labor education work, this bibliography will be useful for many people in the field of aging because it lists and describes several other bibliographies as well as periodicals, films and recordings. Headings within this bibliography include:

- "Background of the Problem and Philosophy of Approach"
- "Trade Union Policy and Programs"
- "Community Programs, Recreation, Day Centers and Clubs"
- "Employment and Retirement, Preparation for Retirement"
- "Health, Housing, Living Arrangements"
- "Counseling and Casework Services"